



## EYFS News

We learned about our School this week in Reception and enjoyed walking around the site and doing early map reading skills.



Nursery have been digging for fossils!



Toddlers had a great session at Forest School and enjoyed making bird feeders in the sunshine!

One week left until February half term so that means we are halfway through the year! Please keep practising reading and writing at home so children are as independent as possible! Thank you!

## KS1 News



This week in Key Stage 1 the children have been working on diary entries. They



have been based on a video story called 'A cloudy lesson'. The children have enjoyed thinking about what they need to include to make sure they have all of the features of a diary. They have also been learning about how to save energy and ways we can do this both at school and at home. Next week we will



be writing some instructions about how to use the cloud machine!



## Dates for the Diary

### Mon 5th - Fri 9th February

Children's Mental Health Week

### Friday 9th February

Wear it **Red** Day

### Monday 12th February

Half term week—School Closed

### Monday 19th February

School re-opens at 8.45am

### Monday 26th February

Y6 SATs Information Meeting 3.20 pm

### Monday 11th March

Y4 Multiplication Times Tables Information Meeting 3.20 pm

### Friday 22nd March

Break up at 3.15pm for Easter

### Monday 8th April

School re-opens at 8.45am

### 2023-2024 INSET Days\*

Monday 4th September 2023

Friday 22nd December 2023

Monday 8th January 2024

Thursday 2nd May 2024 (VOTING)

Friday 3rd May 2024

Monday 22nd July 2024

\*Please note these are provisional.

## RBD News

This week the children have been very busy! Our EYFS children have been on a walk around school. Our Key Stage 1 children have been learning about Isles of Scilly in Geography and completing some map skills.



Our Y3/4 children have designed their own chocolate room! Our Y5/6 children have continued their learning about the human body in Science

In the RBD the children have made their own Egyptian pyramids. Well done to everyone for working so hard!



Well done!

Well done to Amaar who is always trying his very best and always willing to help others. Well done Amaar!

### Signed Video:

Our signed video this week is the Fingerspelling Alphabet. Please follow the link on our Ashwood RBD YouTube channel to watch the video.



<https://www.youtube.com/watch?v=p4ahOcVuYfg&t=68s>

## PE and Swimming in the New Year

The children will have the following PE days:

- Years 3 and 4 - **Friday**
- Years 5 and 6 - **Monday** (5/6SB bringing swimming kit)
- Years 3 and 4 can come to school in their kit on **Tuesday**
- Years 5 and 6 can come to school in their kit on **Wednesday**

**Please note that swimming will move to 4D on 26.02.24.**

## A Bit Fishy

A goldfish costs £1.80  
An angel fish costs £1.40



Nasreen paid exactly £20 for some fish. How many of each kind did she buy?

## KS2 News

Our year 6 children have been working really hard. We have started to think about SATs preparation. Parents and carers will be invited to an information meeting at 3:20pm on 26.02.24 (further information to follow). It would be a great help if you could encourage your child to talk to you about what they are revising and ask them further questions about this. The BBC Bitesize website is a useful source of information - <https://www.bbc.co.uk/bitesize/levels/zbr9wmn>

Our year 4 children have been continuing to practise their times tables in preparation for their Multiplication Tables Check. Again, parents and carers will be invited to an information meeting at 3:20pm on 11.03.24 (further information to follow). In the meantime, can we please ask that you support your child at home by regularly practising their times tables and also provide them access to a device so that they can use TT Rockstars.

Our children in years 3 and 5 have some exciting dates coming up next half term (week beginning 26.02.24) where they will be given the opportunity to participate in Bikeability lessons. Please be on the lookout for a letter regarding this and sign your child up as soon as you can!

### Knowledge Organisers

Find out what we are studying this term on our website: [Key Stage 2](#)

### REMINDER

When the children come to school in their PE kit they must wear their yellow PE top, green short / black joggers and their green Ashwood Park jumper or cardigan. Hoodies are not permitted. Please support us to ensure that all of our children are in the correct uniform and feel part of our Ashwood Park team.

### REMINDER

School does not start until 8:45am and our playgrounds are not supervised until 8:40am.

We would like to politely request that you do not leave your children unsupervised on the playground before this time.



- Monday 26<sup>th</sup> Feb - 5E all day
- Tuesday 27<sup>th</sup> Feb - 5E AM 3R PM
- Wednesday 28<sup>th</sup> Feb - 5SB - all day
- Thursday 29<sup>th</sup> Feb - 5SB AM 3H PM

# MY VOICE MATTERS

Place2Be's  
CHILDREN'S  
MENTAL HEALTH  
WEEK

## TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

### Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



### LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

### Here's what children and young people told us they need from you:

- 1** We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2** I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3** Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4** Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5** Don't compare my experiences to your own when you were a child.
- 6** Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7** Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8** If you are open with me about your feelings, this can help me to be more open about mine.
- 9** Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- 10** Sometimes a hug is all it takes to make me feel supported.



### WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

Dear parent/carer,

Please see the below message from Dudley Council Health Protection Team:

You may have seen recent media reports of rising measles cases across the West Midlands and the Black Country. The most effective way to prevent measles infection, and the possible serious complications it can cause, is by having 2 doses of MMR vaccine. 2 doses of MMR provide 99% protection against measles that is lifelong. It also protects against mumps and rubella. It is safe and effective, and a porcine gelatine free vaccine is available, if this is preferred.

The rise in measles cases is due to declining childhood immunisation rates, including the MMR, nationally over the past 10 years. The higher the immunisation rates, the less opportunity there is for measles infection to circulate, which helps to protect those who are vulnerable due to being unable to receive MMR vaccination (including babies under 1 year old, pregnant women if unvaccinated, and the severely immunocompromised).

It is not too late for children and adults to catch up on the MMR vaccine if they haven't received 2 doses at the recommended ages of 1 year (1<sup>st</sup> dose) and 3 years and 4 months (2<sup>nd</sup> dose). Your GP surgery can be contacted to arrange an appointment. If you are unsure whether your child is immunised with 2 doses of MMR vaccine, you can check their 'red book', which is their personal health record. Children who have not had any MMR vaccines may have to stay away from school for up to 21 days if they are identified as a close contact of a confirmed measles case.

Please see the NHS webpages on measles and MMR vaccine for more information, and the below link for local pop-up vaccination clinics for MMR:

<https://blackcountry.icb.nhs.uk/your-health/health-advice/measles#clinic>