

Children's Mental Health Week

We have focussed on Mental Health this week and began with an assembly on Monday highlighting how each child's voice matters.



This was followed up with activities in each phase during the week. Early Years discussed favourite things, KS1 played the Broken Telephone game and KS2 wrote letters of gratitude to friends. Years 5 and 6 also participated in workshops. We hope all children felt enriched by their involvement.

Governor Day

On Wednesday 7th February we welcomed our Governors to School. They enjoyed our Celebration Assembly and a Learning Walk around School, speaking to children and staff. They commented that there was a lovely ethos of praise and recognition in School and we have created a very positive learning environment. The presence of parents during the assembly added a warm, community feel.

Dogs

School policy is that **no dogs** are allowed on school premises (either on a lead or carried). We would appreciate your co-operation by **not** bringing your pet to school.



Online Safety

Excellent advice for keeping children safe online can be found on the NSPCC website:

nspcc.org.uk/keeping-children-safe



Attendance



Last week's top attenders were:
Key Stage 1: 1/2D Moles 95.71%
Key Stage 2: 4D Chestnut 97%

Being around teachers and friends in a school environment is the best way for pupils to learn and reach their potential. Time in school also keeps children safe and provides access to extra-curricular opportunities and pastoral care.

More information can be found here:

<https://educationhub.blog.gov.uk/2023/05/18/school-attendance-important-risks-missing-day/>

Maths Championship

On Monday 5th February six children from years 3 and 4 went to the Priory School to compete in the Maths Championship. The children worked very hard and were a credit to Ashwood Park.

We are very proud of them and they should be very proud of their certificates. Well done!!



Wear it Red Day

On Friday 9th February we supported Wear It Red Day to show our love for Midlands Air Ambulance Charity. The day helped raise important funds for the charity's pre-hospital emergency service, while raising awareness of the vital impact the charity has in the local area. **We will let you know how much we raised for this vital charity in the next Newsletter.**



Praise Awards

Children who gained badges and certificates in Praise assembly deserve our special congratulations:

W/C 29.01.24

Key Stage One

RR Foxes Brooke W
RT Hedgehogs Arlo W
1/2B Squirrels Amaar L
1/2D Moles Jake J
2W Badgers Austin W

Key Stage Two

3/4H Elder Ivy B
3/4R Oak Millie S
4D Chestnut Iyla W
5E Beech Ethan P
5/6SB Holly Clarissa L
6RB Rowan Ruby-Lea J

Well done everyone!



Tree Tots Toddler Group

Wednesday 9.00 - 11.00am

21.2.24 Toddlers as normal, KS1 hall
28.2.24 Toddlers as normal, KS1 hall
06.3.24 Toddlers as normal, KS1 hall
13.3.24 Toddlers as normal, KS1 hall
20.3.24 Easter Bunny!!

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TT Rockstars

★ This weeks Rockstars are;

★ 1st Emilie D
★ 2nd Marnie S
★ 3rd Iyla H



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Well done to everyone.

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Menu

WC 19.02.24 (Week 1)



Monday

Cheese and tomato pasta bake
Quorn Nuggets
Salmon Nibbles
Baby new potatoes & sweetcorn
Fruity flapjack

Tuesday

BBQ chicken wrap
Halal BBQ chicken wrap
Cheese & Onion lattice
Fish finger
Wedges, carrots & peas
Fruit crumble & custard

Wednesday

Roast Chicken Dinner
Quorn Chicken Fillet
Fish goujons
Roast & boiled potatoes, peas, carrots
and green beans.
Chocolate Surprise Cake & Sauce

Thursday

Chicken curry, rice and naan
Cheese & potato pie
Fish nuggets
Saute potatoes, broccoli and carrots
Lemon Drizzle & custard

Friday

Cheese and tomato pizza
Battered fish
Chipped potatoes, spaghetti hoops &
sweetcorn.
Arctic Roll & ice cream.

Available Every Day

Grab bags which contain a sandwich
either cheese, tuna or ham filling.
Salad bag. One from a cake, biscuit or
yoghurt. Fresh fruit. Water
Jacket Potato with a choice of cheese,
beans or cheese and beans.
Fruit jelly, yoghurt

All dinners must be booked through School Money the day before they are needed. Please contact the school office if you are having any issues.

Lunches from Home

If you are sending your child with a packed lunch, can we ask that you cut grapes, cherry tomatoes and similar in half please.

Also, as a **nut free** school please do not send in Nutella sandwiches or any other nut products.

EYFS News

We had a great week in Reception learning about Chinese New Year. The children made dragons and lanterns and learned all about this celebration.



It's been a quick half term and the children have all worked really hard, it's wonderful to see how much they are progressing. Thank you for all your support at home, please keep listening to children read and practise all the phonic sounds. PE and Forest School kits won't come home this term as it has only been a short half term. Have a great week, see you Monday 19th.

KS1 News



This week in Key Stage One we have been designing our Ferris wheels in Design Technology. The children have planned what materials they will use and how they will make an axle and wheel that turns.

They have also been writing instructions based on our video A Cloudy Lesson'.



We have also been celebrating Mental Health week by learning some special songs for a school assembly on Friday.

Next week we hope you have a happy and safe half term and enjoy the rest!

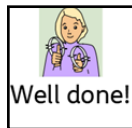
RBD News

We can't believe another half term is coming to an end – it has been so busy and a joy to watch all the children progressing with their learning and skills! Well done all!

After half term there are more exciting events to come – Children in Year 4 are going swimming and children in Year 3 and 5 have their Bikeability training. Please keep an eye out for risk assessments and once you are happy with them, please sign and send to school.

Some sad news from the RBD – Heather Budden, our specialist Speech and Language Therapist is leaving after half term. We wish Heather the very best for the future and want to thank her for everything she has done for Deaf children (and the staff who support them!) over the years.

Thank you for your support over the last half term – we hope that you have a wonderful half term break.



Well done to Ismail!

You have been very enthusiastic with your learning and have produced some excellent work in English this week – we are very proud of you! Well done!

Valentine's Day takes place next week and so our signed video this week is based on this.



<https://www.youtube.com/watch?v=UFdblm9Ttk>

KS2 News

This week has been Children's Mental Health Week and as part of this, the children have taken part in Harmony - we have all been learning to sing and sign Connecting Together. Everyone has participated in a live feed shared by Dudley Performing Arts where we have sung alongside other participating schools. Find out more about Children's Mental Health at <https://www.childrensmentalhealthweek.org.uk/>



In years 5 and 6, we have participated in another 'I'm a Scientist Get Me Out of Here'. The children have enjoyed accessing this online and talking to an actual scientist.

Knowledge Organisers

Find out what we are studying this term on our website: [Key Stage 2](#)

REMINDER

When the children come to school in their PE kit they must wear their yellow PE top, green short / black joggers and their green Ashwood Park jumper or cardigan. Hoodies are not permitted. Please support us to ensure that all of our children are in the correct uniform and feel part of our Ashwood Park team.

REMINDER

School does not start until 8:45am and our playgrounds are not supervised until 8:40am.

We would like to politely request that you do not leave your children unsupervised on the playground before this time.

If you need to bring your children to school earlier, we do have our breakfast club, OSCA, that you can book your children into in advance.

Please remember to send a water bottle to School with your child, especially if they are doing PE or Sports Clubs.

Dates for the Diary

Monday 12th February

Half term week—School Closed

Monday 19th February

School re-opens at 8.45am

Monday 26th February

Y6 SATs Information Meeting 3.20 pm

Monday 11th March

Y4 Multiplication Times Tables

Information Meeting 3.20 pm

Friday 22nd March

Break up at 3.15pm for Easter

Monday 8th April

School re-opens at 8.45am

2023-2024 INSET Days*

Monday 4th September 2023

Friday 22nd December 2023

Monday 8th January 2024

Thursday 2nd May 2024 (VOTING)

Friday 3rd May 2024

Monday 22nd July 2024

*Please note these are provisional.

PE and Swimming in the New Year

The children will have the following PE days:

- Years 3 and 4 - **Friday**
- Years 5 and 6 - **Monday** (5/6SB bringing swimming kit)
- Years 3 and 4 can come to school in their kit on **Tuesday**
- Years 5 and 6 can come to school in their kit on **Wednesday**

Please note that swimming will move to 4D on 04.03.24.



- Monday 26th Feb - 5E all day
- Tuesday 27th Feb - 5E AM 3R PM
- Wednesday 28th Feb - 5SB - all day
- Thursday 29th Feb - 5SB AM 3H PM

Pet shop



1. Jim bought a cat and dog for £60 each. Later he sold them. He made a profit of 20% on the dog. He made a loss of 20% on the cat. How much did he get altogether when he sold the cat and dog?
2. Jim bought another cat and dog. He sold them for £60 each. He made a profit of 20% on the dog. He made a loss of 20% on the cat. Did he make a profit or loss on the whole deal?

My VOICE MATTERS

Place2Be's
CHILDREN'S
MENTAL HEALTH
WEEK

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1** We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2** I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3** Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4** Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5** Don't compare my experiences to your own when you were a child.
- 6** Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7** Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8** If you are open with me about your feelings, this can help me to be more open about mine.
- 9** Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- 10** Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

Has your child had their MMR vaccine?



Pop up vaccination clinics have been set up across the Black Country for all eligible children who are due or have missed a dose. Adults up to the age of 25 are also invited to come forward.

Measles is a highly infectious disease which can lead to serious complications such as severe lung infections and inflammation of the brain. It also damages and suppresses the whole immune system, meaning children can be left much more susceptible to catching other illnesses.

Symptoms of measles include:

- high temperature
- runny or blocked nose
- sneezing
- cough
- red, sore, watery eyes
- rash, which usually appears a few days after cold-like symptoms (sometimes it starts around the ears before spreading to the rest of the body).



For details of where the clinics are, please see details attached or visit our website at blackcountry.icb.nhs.uk/measles

MMR vaccine clinics

Dudley:

Saturday 10 Feb	10am-3pm	Mary Stevens Park, Stourbridge, DY8 2AA
Tuesday 13 Feb	9am-2pm	War Memorial, Lye, DY9 8LF
Friday 16 Feb	9am-2pm	Dudley Market Place, High Street, DY1 1PQ
Saturday 17 Feb	10am-3pm	Halesowen Town Centre, Somers Square, B63 3AE

Sandwell:

Saturday 10 Feb	9am-3pm	West Bromwich Central Family Hub, Off Claypit Lane, West Bromwich B70 9EZ
Tuesday 13 Feb	9am-3pm	Tesco, Fox Oak Street, Cradley Heath B64 5DF
Thursday 15 Feb	9am-3pm	Tesco, 46 New Square, West Bromwich B70 7PR

Walsall:

Saturday 3 Feb	9am-3pm	Van outside Poundland Walsall Town Centre, Lower Hall Lane, WS1 1PU
Monday 12 Feb	9am-3pm	Tesco, Silver Street, Brownhills, Walsall, WS8 6DZ
Wednesday 14 Feb	9am-3pm	The Square, New Invention, Willenhall WV12 5EA
Thursday 15 Feb	9am-3pm	Blakenall Village Centre, 79 Thames Rd, WS3 1LZ
Saturday 17 Feb	9am-2pm	Walsall Town Centre, Lower Hall Lane, St Matthews Quarter, WS1 1PU

Wolverhampton:

Saturday 3 Feb	9.30am-2.30pm	Whitmore Reans Family Hub, Lansdowne Road, WV1 4AL
Monday 12 Feb	9am-2pm	Bilston Market, Pinfold Street, WV14 0DN
Wednesday 14 Feb	9am-3.30pm	Low Hill Family Hub, 26-28 Fourth Avenue, WV10 9LZ



For details of where the clinics are,
please see details attached or
visit our website at blackcountry.icb.nhs.uk/measles