

27 March 2026
Newsletter No. 26
Tel: 01384 818545 info@ashwood.dudley.sch.uk



Article 28 Every child has the right to an education

Dear Parents and Guardians,

Thank you for your donations for Red Nose Day, you helped raised an incredible **£202.12**.

Mrs Seed from the Resource Base for Deaf Children will be retiring at Easter after 22 years of wonderful service at Ashwood Park. We thank her for all she's done for the children over the years and wish her all the very best in her retirement!

We are visiting the Houses of Parliament on Friday 27th March. We will be taking the school ambassadors and the KS2 School Councillors! We will be visiting the fantastic Westminster Hall and will sit in the House of Commons!

Happy Easter to everyone, we hope you enjoy your two week break and look forward to seeing you on Monday 13th April.

Nut Allergy

We have a child in School with a severe nut allergy, please do not send any food that contains nuts into School.



Arbor

Parents and Guardians will be notified when new in-app messages are received if push notifications have been enabled when installing the mobile app. Emails may be sent to your junk folder, please check your In-App settings.

Privacy Notice Please take a moment to read our [Privacy Notice](#).

Facebook Do remember to take a look at the School's [Facebook](#) page.



*Mr Butler
and
Mr Perkes*

Dinner Dates

The following staff will be in the lunch hall:

Mrs Harris—Monday
Miss Edwards — Wednesday
Miss Webb—Wednesday
Miss Barnett—Wednesday
Miss Benson—Thursday

It would be wonderful to see as many children as possible joining the teachers in enjoying a school dinner. We hope this helps make lunchtime a highlight of the day!

We look forward to seeing you!

Football Focus

It has been a week of contrasting emotions for the Ashwood Park football team. Last Thursday, the squad faced a strong Fairhaven Primary School side and, despite a spirited display, fell to a tough opponent. Although the final score didn't go Ashwood's way, the team showed tremendous heart throughout. Spectators were particularly impressed with the clear improvements made since previous fixtures, highlighting the players' growing confidence and teamwork.

This week brought a very different story. In an exciting, high-scoring match against Bromley Hills Primary School, Ashwood celebrated a well-deserved victory. The team produced some fantastic passing football, creating chances with flair and finishing them with real quality. It was a performance full of determination, skill, and togetherness—one the whole school can feel proud of.

A huge thank you to all parents and carers for your continued support. Whether it's cheering on the side-lines or helping with transport your involvement makes a real difference and is greatly appreciated.

Well done to all the players for their continued effort and enthusiasm. It has been particularly pleasing to see some of our children playing their first ever games of competitive football over the last few weeks. We look forward to seeing what the next fixture brings!

Dates for the Diary

Friday 27th March 2026

Houses of Parliament Trip
End of term

Monday 13th April 2026

Children return to School

Thursday 7th May 2026

Voting Day—Closed to Children

Friday 8th May 2026

INSET Day—Closed to Children

W/C Monday 11th May 2026

Year 6 SATs

Mon 25th to Fri 29th May 2026

Half Term

Mon 1st to Fri 5th June 2026

Health Week inc Sports Days

Mon 8th to Wed 10th June 2026

Y6 Residential Trip

Thursday 16th July 2026

Y6 Leavers Party

Friday 17th July 2026

Y6 Leavers Assembly

End of term

Monday 20th July 2026

INSET Day—Closed to Children

Praise Assembly

Children who gained badges and certificates deserve our special congratulations: **25/03/2026**

RR Foxes	- Arlo-James
1CB Moles	- Luca
1/2JB Squirrels	- Logan
2W Badgers	- Savannah
3/4D Chestnut	- Miyah
3/4R Oak	- Niamh
4H Elder	- Austin
5/6D Beech	- Emillie
5/6E Holly	- Oliver Fe
6BB Rowan	- Skye
6BB Rowan	- Charlie

Menu* wc 13.04.26 (Week 1)

Monday

Chicken Gyro Pitta
Chicken Nuggets (H)
Authentic Pitta Pizza (V)
Mexican Rice
Mini Doughnut

Tuesday

Chicken Nuggets (H option available)
BBQ Pulled Quorn Taco (V)
Herby Diced Potatoes
Chocolate Brownie

Wednesday

Roast Chicken (H option available)
Cheesy Cauliflower & Tender
Broccoli Bake (V)
Gravy & Stuffing
Mashed & Roast Potato
Muffin Selection

Thursday

Wholemeal Cheese & Tomato Pizza (V)
Tandoori Chicken Wrap
Potato Wedges
Vanilla Iced Sponge

Friday

Ocean Friendly Fish Selection
BBQ Plant Based Meatball Sub (Ve)
Chips
Fruity Jelly

All dinners must be booked through Arbour the day before they are needed. Please contact the school office if you are having any issues.

*** Subject to change**

Early Years



The children have worked very hard this term we've had a lovely week in early years doing lots of Easter activities.

PE kits will come home for a wash/change if necessary. Now it will be the summer term we're asking that the children come dressed in their PE kits every Tuesday please, inline with the rest of KS1. Please begin this the SECOND Tuesday, 21st April. This is because the Animal Lady is visiting Reception on Tuesday 14th April, so please ensure you have sent back consent and made a payment if you are able. Many thanks. Have a wonderful Easter break!

Tree Tots Toddler Group

We're really sorry that our toddler group isn't able to run right now. We know how much the children (and grown-ups!) enjoy coming together, and we're continuing to look for solutions. Thank you for your patience and understanding—we truly hope to be back up and running, and we can't wait to see you

KS1 News



This week we have been writing our own versions of Owl Babies. The children have thought of their own characters and created their own stories. They were very creative and some children are hoping to write stories when they are older!

We have also had a lot of fun celebrating Easter with a range of activities such as an Easter bonnet parade, a treasure hunt and making our Easter cards!

We wish you all a very happy and healthy Easter and can't wait to see you back for the Summer term!



TT Rockstars



1. Kobie 3/4R
2. Suma 4H
3. William 3/4R

Well done!

Thank you to those children who have been practising their times tables on TT Rockstars. Please log in regularly to play.



RBDC



This week's newsletter is dedicated to Mrs Seed, who after 23 years of being an integral part of the RBD is retiring. We proudly dedicate this message to a wonderful woman celebrating 23 years of dedicated service. Your hard work, commitment, and positive spirit have made a lasting impact on everyone around you. You have been a strong and inspiring presence, and your contributions are truly valued. Thank you for everything you have given over the years and all the children you have inspired and supported.

Congratulations

on this amazing milestone—you are deeply appreciated. Enjoy your retirement and spending time with your family and in your beloved garden.



KS2 News



It has been an exciting and varied week across School! Our Year 5 and 6 pupils thoroughly enjoyed their trip to the Sea Life Centre on Tuesday, where they explored a fascinating range of marine life, from colourful tropical fish to impressive sharks and rays - and also a 50 year old rescue turtle. The children were curious, engaged, and represented Ashwood Park brilliantly with their excellent behaviour and enthusiasm.

Meanwhile, our Year 3 and 4 classes visited Wordsley Green Library for their annual trips, where they had the opportunity to explore a wide selection of books and further develop their love of reading. Please remember that any books borrowed will need to be returned within a month.



Back in school, the children have also been busy taking part in a range of fun Easter-themed activities—thank you to the PTA for organising these enjoyable experiences.

We hope all our families have a happy and relaxing break over the next few weeks.

PE

Years 3/4 - Mon (bring your kit) and Thurs (come to school wearing your kit)

Years 5/6 - Fri (bring your kit) and Wed (come to school wearing your kit)

When the children come to school in their PE kit they must wear their yellow PE top, green shorts / **black joggers** and their green Ashwood Park jumper or cardigan.

Hoodies and gilets are **not** permitted.

Ashwood Park uniform and PE Kit is available from **Totally Uniform** in Kingswinford.

Dudley Holiday Activities

Dudley HAF will have over **8,800 FREE activities** available for school-aged children (5-16 years) eligible for benefits-related **Free School Meals**.

They have a wide range of activities and events available across the 2 weeks - many based in local Dudley schools, and there is something for everyone!

[Dudley Holiday Activities Spring 2026 What's On Guide](#)

Useful Links

To apply for FSM with Dudley council - <https://www.dudley.gov.uk/residents/benefits/free-school-meals/>

To register for Dudley HAF and full eligibility criteria, [Dudley Holiday Activities | Children's activities | Dudley HAF](#) To book for families who are already registered [HAF Booking Service](#)

Please note

This does **NOT** include all children in Reception - Year 2 who only receive Universal Infant School Meals (UIFSM) - it must be benefits-related FSM to be eligible for HAF.

Once registered for HAF, families do **not** need to re-register every holiday period - they just need to log into their accounts to book the free places.

If families are eligible for Free School Meals, they need to be approved with Dudley Council for Free School Meals before applying for HAF.

Maths Problem:

Easter Egg Code Cracker



Work out the value of each of the Easter eggs using the coded calculations below. Write the value of each Easter egg in the boxes.

	x		=	90		x		=	42
	x		=	49		x		=	108
	+		=	18		x		=	60
	x		=	96		+		=	17
	+		=	19		x		=	56

DUDLEY

HOLIDAY ACTIVITIES



HAF EASTER 2026



SUN 29th MARCH 11am - 3pm	MON 30th MARCH 10am - 1pm	MON 30th MARCH 1.30pm - 4.30pm	TUE 31st MARCH 10am - 1pm	TUE 31st MARCH 1.30pm - 4.30pm	WED 1st APRIL 10am - 1pm
EASTER FAMILY OLYMPICS Stevens Park, Quarry Bank	SLIME! Saltwells Nature Reserve	EASTER FINGER PUPPET MAKING Saltwells Nature Reserve	EASTER PLUSHIE MAKING Saltwells Nature Reserve	MAKE A SCRUNCHIE Saltwells Nature Reserve	EASTER CROWN MAKING Merry Hill Shopping Centre

WED 1st APRIL 1.30pm - 4.30pm	THUR 2nd APRIL 10am - 1pm	THUR 2nd APRIL 1.30pm - 4.30pm	MON 6th APRIL 11am - 2pm	TUE 7th APRIL 10am - 1pm	TUE 7th APRIL 1.30pm - 4.30pm
FAIRY FUN Merry Hill Shopping Centre	EASTER CRAFTS Saltwells Nature Reserve	EASTER COOKIES & RECIPE BOOK MAKING Saltwells Nature Reserve	BANK HOLIDAY FAMILY CAMPFIRE & CRAFTS Hawbush Gardens	STICK MEN NATURE MAKING Saltwells Nature Reserve	FASHION DESIGN ILLUSTRATING (AGE 11+) Saltwells Nature Reserve



DUDLEY

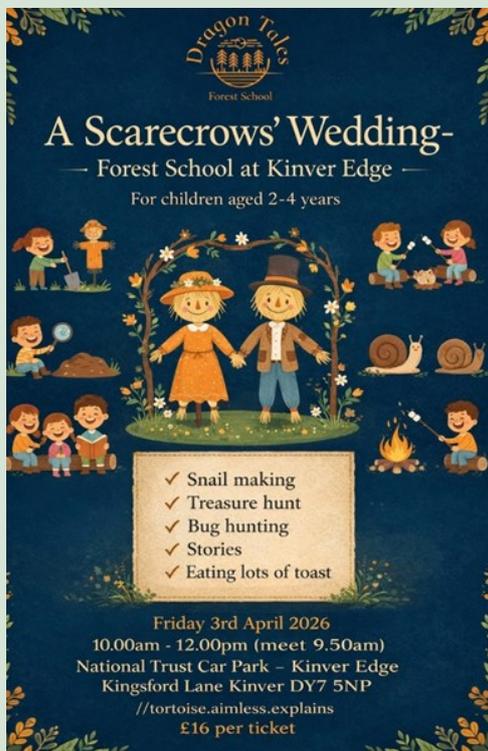
HOLIDAY ACTIVITIES



HAF EASTER 2026

WED 8th APRIL 10am - 1pm	WED 8th APRIL 1.30pm - 4.30pm	THUR 9th APRIL 10am - 1pm	THUR 9th APRIL 1.30am - 4.30pm	FRI 10th APRIL 11am - 2pm	FRI 10th APRIL 2.30pm - 5.30pm
SPACE SESSION Merry Hill Shopping Centre	CELESTIAL ASTRONOMY FUN Merry Hill Shopping Centre	CREATIVE ART & BE HAPPY WORKSHOP Merry Hill Shopping Centre	CREATIVE ART & BE HAPPY WORKSHOP (12-16 year old) Merry Hill Shopping Centre	CAMPFIRE COOKING (primary) Hawbush Gardens	CAMPFIRE COOKING (12 - 16 year olds) Hawbush Gardens





Dragon Tales
Forest School

A Scarecrows' Wedding-

— Forest School at Kinver Edge —
For children aged 2-4 years

✓ Snail making
✓ Treasure hunt
✓ Bug hunting
✓ Stories
✓ Eating lots of toast

Friday 3rd April 2026
10.00am - 12.00pm (meet 9.50am)
National Trust Car Park - Kinver Edge
Kingsford Lane Kinver DY7 5NP
//tortoise.aimless.explains
£16 per ticket



Dragon Tales
Forest School

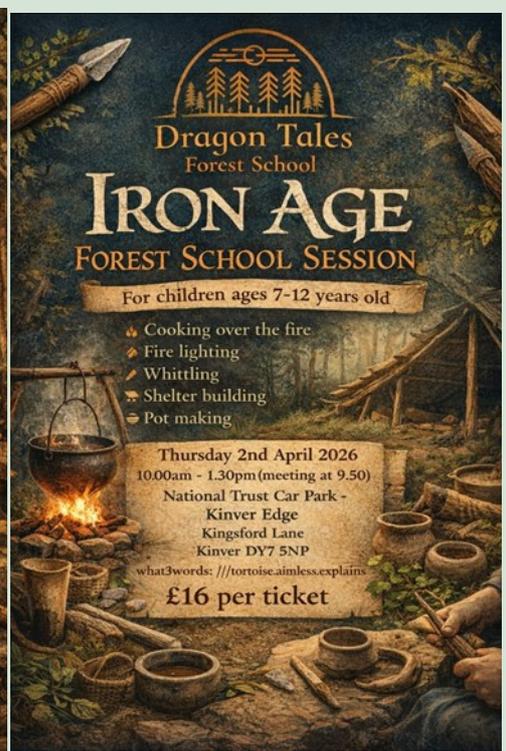
Dragon Club

— at Kinver Edge —
Ages 5 - 9 years old

Activities Include:
 • Making Dragons
 • Den Building
 • Egg Weaving
 • Games & Stories
 • Roasting Marshmallows

Friday 3rd April
1.30pm - 3.00pm (Meeting 1.20pm)
National Trust Car Park - Kinver Edge
Kingsford Lane, Kinver, DY7 5NP
//tortoise.aimless.explains

£16 per ticket
(One adult & one child)



Dragon Tales
Forest School

IRON AGE

FOREST SCHOOL SESSION

For children ages 7-12 years old

• Cooking over the fire
 • Fire lighting
 • Whittling
 • Shelter building
 • Pot making

Thursday 2nd April 2026
10.00am - 1.30pm (meeting at 9.50)
National Trust Car Park -
Kinver Edge
Kingsford Lane
Kinver DY7 5NP
what3words: //tortoise.aimless.explains
£16 per ticket

  A Scarecrows' Wedding for 2 to 4 year olds-
<https://www.eventbrite.co.uk/e/a-scarecrows-wedding-forest-school-at-kinver-edge-030426-tickets-1982773670423?aff=oddtcreator>

 Dragon Club for 5 to 9 year olds-
<https://www.eventbrite.co.uk/e/dragon-club-at-kinver-edge-030426-tickets-1982772408649?aff=oddtcreator>

 Iron Age Forest School for 7 to 12 year olds-
<https://www.eventbrite.co.uk/e/iron-age-forest-school-kinver-edge-020426-tickets-1982771748675?aff=oddtcreator>



Dragon Tales
Forest School

Email: maddie@dtforestscool.com
Facebook: Dragon Tales Forest School
Bells Mill Fishery, Prestwood Dr, Stourbridge DY7 5QT

Bells Mill Fishery Forest School

SNAPDRAGONS

Friday Morning 9.15- 11.00 am

Bells Mill Fishery Forest School is set in spectacular countryside overlooking beautiful fishing pools and right next to the tow path. There is a cafe serving delicious food on site, as well as accessible toilets.

Snapdragons is our Friday Morning session and includes toddlers and parents, childminders and Home Educated Families- all are welcome

Come and join in to explore with our mud kitchen, giant marble run, swing, hammock, sledge, bug hunting, den building and much more. Every session includes a snack over the fire.

Most sessions are based at our Forest School, but we do indulge in the occasional ramble.

£8
£3 PER ADDITIONAL SIBLING

All Children must be accompanied by an adult



Dragon Tales
Forest School

Email: maddie@dtforestscool.com
Facebook: Dragon Tales Forest School
Bells Mill Fishery, Prestwood Dr, Stourbridge DY7 5QT

Bells Mill Fishery Forest School

Easter Treasure Hunt

Saturday 4th April 2026
9.30 - 11.00 am

Join us for Easter at Forest School, with treasure hunts for all ages. Find the bunnies hidden in the woods and claim the ingredients to make s'mores on the fire.

And enjoy all our usual Forest School favourites: mud kitchen, water play, swing, hammock, den building, bug hunting and crafts.

£10
£3 PER ADDITIONAL SIBLING

All Children must be accompanied by an adult



Dragon Tales
Forest School

Email: maddie@dtforestscool.com
Facebook: Dragon Tales Forest School
Bells Mill Fishery, Prestwood Dr, Stourbridge DY7 5QT

Bells Mill Fishery Forest School

FIRESIDE FAMILIES

Saturday Morning 9.30 - 11.15 am

Start the weekend off right and join our lovely community in our new and improved Forest School. Everyone is welcome on a Saturday Morning, pay for the children but bring the whole family: Mums, Dads, Aunts, Uncle, Grandparent, Best Friends!

Bells Mill Fishery Forest School is hidden away in spectacular countryside next to the tow path. There is a cafe serving delicious breakfast food on site, as well as accessible toilets and baby changing.

£8
£3 PER ADDITIONAL SIBLING

All Children must be accompanied by an adult

 All are welcome to Snapdragons our Friday morning session, I am doing a holiday session on Friday 10th April-
<https://www.eventbrite.co.uk/e/snapdragons-friday-morning-forest-school-tickets-1981490758198?aff=oddtcreator>

Looking for something special to do during the Easter Holidays, join our Easter Treasure Hunt for all ages    
<https://www.eventbrite.co.uk/e/easter-treasure-hunt-tickets-1981487855516?aff=oddtcreator>

    I also do Saturday morning Family Forest School called Fireside Families.
<https://www.eventbrite.co.uk/e/fireside-families-saturday-morning-forest-school-tickets-1981741763963?aff=oddtcreator>

{JAM} CODING™

EASTER COMPUTING HOLIDAY CLUB!

Join the HAF Fun in Lye and Gornalwood!

Get your child active and teach them valuable digital skills at our Easter Holiday Club!

From Minecraft coding to multi-sports, this club has something for every child.



9am
- 3pm

What to expect

- Coding
- Animation
- Sports
- Design
- Crafts
- Puzzles

Admission

All children from ages 6 to 11 are welcome
FREE* places available under the HAF scheme
scan the QR code to find out more

Where can you find us

You can come and join the fun at:
Mon 31st Mar - Thurs 2nd Apr @
WOLLESCOTE PRIMARY SCHOOL, LYE

Tues 7th Apr - Fri 10th Apr @
RED HALL PRIMARY SCHOOL, GORNALWOOD



Scan the QR code to book a place





ACE COACHING

FREE HAF Easter Sports Camp



A fun filled Basketball and Multi Sports Camp.

Although Basketball will be our main focus sport, children will also get to explore other amazing sports including our favourites of dodgeball, handball, netball, basketball, nerf battles, archery plus more. Craft sessions, and educational mini sessions on healthy lifestyles. Fantastic indoor and outdoor facilities and a tasty lunch provided each day to all children. Medals and prize awards presented to our Finalists at the end of the week. All participants will receive a certificate during our end of week awards presentation. A special award will also be presented to our Star Baller of the week.

Thoms Collegiate Academy
Stockwell Ave, Quarry Bank, Brierley Hill DY5 2NU



Week 1 - HAF Course Basketball
Monday 30th March -Tuesday 31st March - 10am-2pm

Week 2 - HAF Course Basketball
Wednesday 8th April - Thursday 9th April - 10am-2pm



Funded by
Department
for Education

Eligibility: Ages 4 - 11 years old, receive benefit related free school meals, registered for free with your HAF borough provider. Please see the below attached helpful contact links.

Once you have registered, simply search for us, Ace Coaching Limited for full course information and enrol your child on to our FREE HAF courses. Only 20 spaces available. Don't miss out! Parents who do not meet the criteria of HAF can still enrol at £25 per day.

For any general enquiries, please contact us directly at AccCoaching.CourseEnrolments@hotmail.com
To sign up or for more information please contact us on: www.dudleyholidayactivities.org.uk or email us enquiries@hafdudley.co.uk or scan the QR code for more information.



ACE COACHING

FREE HAF Easter Sports Camp



A fun filled Football and Multi Sports Camp.

Although Football will be our main focus sport, children will also get to explore other amazing sports including our favourites of dodgeball, handball, netball, basketball, nerf battles, archery plus more. Craft sessions, and educational mini sessions on healthy lifestyles. Fantastic indoor and outdoor facilities and a tasty lunch provided each day to all children. Medals and prize awards presented to our Finalists at the end of the week. All participants will receive a certificate during our end of week awards presentation. A special award will also be presented to our Star Baller of the week.

Crestwood High School
Crestwood School, Bromley Ln, Dudley, Kingswinford DY6 8QG

Week 1 - HAF Course
Monday 30th March - Thursday 2nd April - 9am - 3pm

Week 2 - HAF Course
Tuesday 7th April - Friday 10th April - 9am - 3pm



Funded by
Department
for Education

Eligibility: Ages 4 - 11 years old, receive benefit related free school meals, registered for free with your HAF borough provider. Please see the below attached helpful contact links.

Once you have registered, simply search for us, Ace Coaching Limited for full course information and enrol your child on to our FREE HAF courses. Only 20 spaces available. Don't miss out! Parents who do not meet the criteria of HAF can still enrol at £25 per day.

For any general enquiries, please contact us directly at AccCoaching.CourseEnrolments@hotmail.com
To sign up or for more information please contact us on: www.dudleyholidayactivities.org.uk or email us enquiries@hafdudley.co.uk or scan the QR code for more information.



AGES 6-12

**£40 PER DAY
£70 FOR 2
DAYS**



EASTER NETBALL CAMP

1ST AND 2ND APRIL

- ✓ Fun Games
- ✓ Skills and Drills
- ✓ Match Play
- ✓ Team Building

**SPECIAL GUEST COACHES AND CURRENT BIRMINGHAM
PANTHERS PLAYERS GABBY COFFEY AND CHARLI
FIDLER**

Book Now

www.littlenetters.net

Wordsley School

Brierley Hill Road, Stourbridge, West Midlands
DY8 5SP

07360 206866

littlenetters@outlook.com



Join us for...



5 WAYS TO WELLBEING WORKSHOP

Discover the 5 Ways to Wellbeing through fun, hands-on activities that help children feel happier and more confident!

Thursday 2nd April
10:00am- 12:00pm

KS1 & KS2

Cotwall End Primary School,
Cotwall End Rd, Dudley, DY3 3YG



For additional information or brief sign up form to register your attendance, please email bchft.reflexions@nhs.net



Join us for...



5 WAYS TO WELLBEING WORKSHOP

Discover the 5 Ways to Wellbeing through fun, hands-on activities that help children feel happier and more confident!

Tuesday 7th April
10:00am-12:00pm

KS1 & KS2

Stourbridge Family Hub Forge
Rd, Stourbridge, DY8 1XF



For additional information or brief sign up form to register your attendance, please email bchft.reflexions@nhs.net



Join us for...



GAME & CHILL

Join the Reflexions team for a fun day where children, young people and families can enjoy their favourite board games together – a chance to make friends, connect and share laughs in a relaxed, supportive space.

Parents to accompany children under 13 years old



Wednesday 8th April

11:00am - 2:00pm

The Link Academy Leisure
Centre, Simms Lane, Dudley,
DY2 0PB



BOOKMARK COMPETITION

We're on the hunt for the MOST creative bookmark design inspired by mental health and wellbeing – and we want your imagination to shine!
Your bookmark could:

Share a positive message Show ways to look after your mental health
Represent calm, strength or self-care

Prize Alert! – The chosen design will win a bundle of books and their printed bookmark!

For additional information or brief sign up form to register your attendance, please email bchft.reflexions@nhs.net or feel free to pop in!

DDCS CHARITY FUNDRAISING

QUIZ NIGHT!

TEST YOUR KNOWLEDGE & HAVE FUN FOR A GOOD CAUSE!

★ RAFFLE PRIZES ★ BAR AVAILABLE ★

Tickets £5 per person
(Choice of cob included)
Maximum 6 persons per team
Age 10+

FRIDAY 15TH MAY 2026 • 7:30 PM

AT AMBLECOTE BRITISH LEGION, SCHOOL DRIVE, DY8 4DQ

Contact: dudleydeafchildrensociety@yahoo.com or +447707404014 for tickets

DDCS Fundraising Raffle!

Prizes include:

- Family Ticket to Cotswold Farm Park
- Meal Voucher for **HICKORY'S**
- Family Ticket to Wild Zoological Park
- 50% Discount on Panto Tickets for Wolverhampton Grand Theatre
- Prosecco, Wine, Chocolates, Gift Sets and more!

Tickets cost:
£2 for a strip of 5 or £5 for 3 strips of 5

Contact dudleydeafchildrensociety@yahoo.com for tickets

Raffle to be drawn at our Quiz Night on **Friday 15th May**

SDCA YOUTH SERVICE

YOUTH SERVICE EASTER HOLIDAY

Places are still available - **book NOW!**

ENROLL YOUR CHILD TODAY

APRIL 2026 **LET'S GO!**

TUES 7TH - FORGE MILL FARM
WED 8TH - BRITISH CYCLE & HYDRO POOL
THURS 9TH - BLACK COUNTRY LIVING MUSEUM
FRI 10TH - PUNK CHEF

TIME 10AM - 2PM (SUBJECT TO CHANGES)

D/DEAF, HOH, DEAFBLIND, COCHLEAR USER
AGE: 8 - 17 **FREE!**

HOT/COLD FOOD WILL BE PROVIDED.

PLEASE REGISTER YOUR INTEREST, AS IT IS FIRST-COME FIRST SERVED AND PLACES ARE LIMITED.

Book via QR code or copy & paste the link below. Make new friends and have fun this Easter!

Register Now

<https://app.holidayactivities.com/parent/providers/sandwell-deaf-community-association>

If you would like more information, please get in with:

Sandwell Deaf Community Association
Craig Potheary
Wellbeing Coach
Email: craig_potheary@sdca.co.uk
Text / WhatsApp / FaceTime: 07791 921011

New Deaf Centre, Summer Lane, West Bromwich, B71 4JA

Weetabix

Wild CATS

GIRLS' FOOTBALL



GIRLS' FOOTBALL TRAINING SESSIONS!

AGES 5-11 YEARS

@ ENVILLE PAVILION, DRIVE, DY7 5HB

2PM TIL 3PM WEEKLY

JOIN US EVERY SUNDAY FOR FUN GIRLS' FOOTBALL TRAINING SESSIONS FOR AGES 5-11! ALL ABILITIES WELCOME!



FOR MORE INFO EMAIL:
Envillewildcats@outlook.com

Healthy Families: Growing Up



Join our parent group

Healthy, thriving children and families



HENRY's free **Healthy Families Growing Up** programme is for parents and carers of primary-school age children – it will help you develop a healthier, happier lifestyle that the whole family can enjoy.

The programme covers these 5 themes across 8 sessions and provides everything you need to help your children flourish.

- Feeling more confident as a parent
- Physical activity for the whole family
- What children and the whole family eats
- Family lifestyle habits
- Enjoying life as a family

Get in touch to sign up now!

"This was the best thing I could possibly have done to help me be a better mum"



How to book a place

Visit www.dudleyparents.co.uk or scan the QR Code and click on the HENRY tile to book your place



Programme details

For parents or carers with children aged 5 - 12 years
Day/time: Wednesday, 09.30 - 11.30
First session: 28 January 2026
Last session: 25 March 2026
Length: 8 sessions
 Optional session on 14 January to learn more about the course and meet the facilitators.
Venue: Brierley Hill Family Hub, 18 Parkes Street, DY5 3DY

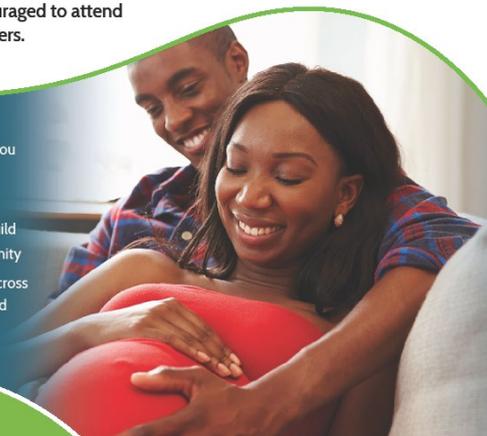
Preparation for Parenthood



Are you pregnant?

A FREE 6-session programme helping you prepare for the arrival of your baby. Partners, friends or family are encouraged to attend alongside expectant mothers.

- Practical, evidence-based information to support you as you prepare to become a parent
- A great opportunity to meet other expectant parents and build friendships within your community
- Join the thousands of families across the country who have benefited from a HENRY programme



Session 1

Becoming a parent

Session 2

A healthy pregnancy

Session 3

Bonding

Session 4

Caring

Session 5

Giving birth

Session 6

Life after birth

"Exceeded my expectations!"
Expectant parent



Day/time: Mondays, 12.30pm - 2.30pm

First session: 9 February 2026

Last session: 23 March 2026

Length: 6 weeks

Optional session on 2 February to learn more about the course and meet the facilitators.

Venue: The Source Youth Centre, Barnett Lane, DY8 5PY



Visit www.dudleyparents.co.uk or scan the QR Code and click on the HENRY tile to book your place.

A great start in life Do you have a child under 5?

Would you like to:

- feel more confident as a parent?
- reduce mealtime stress?
- enjoy being active as a family more often?
- encourage your child away from screens and TV?
- see your child eat more fruit and vegetables?
- gain ideas to help with family routines?

"I will be recommending this course to everyone. Thank you for this life changing opportunity."

Free Healthy Families Right from the Start programmes

Programme 1: **Day/time:** Tuesday, 09.45 - 11.45

Start date: 20 January 2026, **End date:** 24 March 2026

Length: 9 sessions, **Venue:** Lye Family Hub, Lye By-pass, DY9 8HT

Programme 2: **Day/time:** Thursday, 09.45 - 11.45

Start date: 22 January 2026, **End date:** 26 March 2026

Length: 9 sessions, **Venue:** Stourbridge Family Hub, Forge Road, DY8 1XF

Visit www.dudleyparents.co.uk or scan the QR Code and click on the HENRY tile to book your place.



Starting Solids Free local workshops



Introducing solid foods is the start of a whole new chapter for you and your baby

Come along!



Introducing solid foods at 6 months

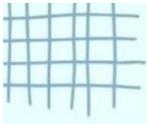
Come to a Starting Solids workshop to help you get your baby off to a great start. The workshop will help you decide:

- When your baby is ready to try solid food
- What foods to start with
- When your baby is hungry and when they've had enough
- How to make mealtimes an enjoyable experience for both of you

Workshops are taking place throughout January, February, March 2026

Visit www.dudleyparents.co.uk or scan the QR code and click on the HENRY tile to book your place





TAKE PART IN OUR PARENTS AND CARERS SURVEY

Have your say in how to improve services and support for parents, carers and families!

Scan the QR Code now!



Open to all parents

For more information, please email: vrp@westmidlands.police.uk

@WestMidsVRP
 @WestMidlandsVRP
 westmidlands-vrp.org



BUILDING SAFETY

PARENT & CARER WEBINAR

Join us and other parents and carers as we explore some of the key risks and issues facing children and young people today.



Topics include

- Peer pressure
- Influence
- Online safety
- Exploitation
- Mental health
- How to open up communication with young people and more.

CONTACT US

<https://westmidlands-vrp.org/> vrp@westmidlands.police.uk





Children's Speech and Language Service (Dudley)

Advice for parents and carers can be found at:

<https://www.blackcountryhealthcare.nhs.uk/our-services/childrens-speech-and-language-therapy-service-dudley>

Dudley's Special Educational Needs and Disabilities Bulletin

The Dudley Special Educational Needs and Disabilities e-bulletin's aim is to keep parent carers, education settings and stakeholders informed about Dudley's Special Educational Needs and Disabilities (SEND) Improvement Programme as well as news and events.

As a system we are working hard to improve our SEND offer across the borough. A lot is happening and we are gathering pace to better support our children, young people and families with SEND.

Our latest bulletin provides:

- updates of our improvement journey including our progress of our Delivering Better Value Programme in SEND
- SEND news from the Dudley Parent Carer Forum, Health, the council and partners
- details of useful events for parent carers and practitioners
- SEND Education Settings News which includes information about free SEND training Resources.

Sign up now [SEND Improvement Programme - September 2024 \(govdelivery.com\)](#) to receive this e-bulletin direct to your email inbox

Health Choices

Dudley Public Health and Wellbeing is part of Dudley Council. We support and enable residents, families and communities to make positive lifestyle changes and improve your health and wellbeing.

There is lots we can do as individuals to stay healthy and well in Dudley borough. This website is a one-stop place for up-to-date public health information and news, from pregnancy and early life to healthy ageing.

<https://healthydudley.co.uk/>

Healthy Lunchboxes

The Healthy Lunchbox Resource is available to support children & families to make healthy, yummy and tooth friendly food choices for their children's lunchbox.

<https://www.dudleyhealthylunchbox.org.uk>

DudleyParents

There is a one stop shop for parents in the Dudley Borough offering support and information . You can gain free access to guidance and support over a range of topics for parents including First 1001 Days as a Parent, DadPad, Five to Thrive, Solihull Approach, Triple P, Parents in Conflict, The Henry Approach.

www.dudleyparents.co.uk/home

Dudley's Local Offer is a new one stop shop website for children and young people with special educational needs and disabilities (SEND) and their parents and carers.

The website contain a wealth of up to date information on areas which include education, training and work, health, leisure and fun, care and moving into adulthood. The website aims to help young people and parents to make individual, informed, positive decisions and choices



The Dudley family hub network is a one-stop shop, offering advice and support for families in Dudley with children aged 0-19 (25 if the child has special educational needs and/or disabilities). It includes an online offer and five local family hubs.

The network includes key Start for Life services. These cover the period from conception to age two. Core Start for Life services such as midwifery, health visiting and early years support are included.

<https://www.dudley.gov.uk/residents/early-years-and-childcare/dudley-family-hub-network/>

SEN Soft Play Sessions

Dudley leisure centres offer soft play sessions for children with SEN:

At Duncan Edwards Leisure Centre, there is a SEN soft play session **every Wednesday from 5.00pm - 6.00pm**

At Halesowen, there is a SEN soft play session **every Monday from 4.30pm - 6.00pm**.

Both sessions are suitable for children under 11 years of age with disabilities, special educational needs, ASD and their siblings.

New Sensory Room at Coseley Family Hub

Parents and carers can now book time in a NEW sensory room at the local family hub in Coseley. The FREE space is bookable for between 30min to an hour and gives the chance for children of all ages to explore a range of sensory activities with their parents/carers.

The sessions are self-led but staff will be on hand to support or answer any questions. To book call the hub on 01384 813096.

[Soft play | DB Leisure](#)

Parent Carer Forum Update:

Aiming for Brighter Futures



Dudley Parent carer Forum welcome registrations for membership from parent/carers and also offer associate memberships to wider family members or practitioners working within Dudley. Joining up means you will be kept up to date on all the latest news, information and events doing on in Dudley. Parents/ Carers will also receive a FREE gift when they sign up!

[Sign Up Here](#)

Integrated Early Years Service Parent Support Group



This group offers support to parents and carers of children with a range of additional needs. It provides supportive environment to engage with your child, and also to gain practical advice for everyday routines.

[See More Details Here](#)

Autism



Autism Central is a website for parents. It aims to **“signpost you to information on a wide range of topics around autism and support that is available from Autism Central, our partner organisations and other trusted sources”**

<https://www.autismcentral.org.uk/resources>

SEN Help

Kids are a charity who create life-changing opportunities by providing a wide range of support to families. They run playscheme days at their centre alongside community days for signed up families. Parent/carers wishing to refer or register with Kids for care planned services can do so by requesting a referral form via the enquiries email: enquiries.orchard@kids.org.uk or via telephone: 01384 897489.

Sassy Sensory surprises are launching 'Wellbeing Walks', they will take place in a different location each month.

Contact toni@sassysensorysurprises.co.uk for further details. Information can be found on their website regarding their recently launched sensory lending library.

Happier Minds

Whether you are a young person, a parent/ carer or a professional working with young people we hope this site will be helpful to you and those you care about.

<https://happierminds.org.uk/>

Dudley's Disability register

Dudley Council have **revamped its Disability Register** to better support children and young people with disabilities and their families. The register is a **voluntary and confidential list** that helps the council plan and deliver better services, tailored to local needs. It's quick and easy to register! **Benefits include** families who register can request a **free day pass** for entry to **Dudley Zoo** when attending with their child, receive updates about local services, events, and consultations, help shape services and your registration helps Dudley Council understand the needs of families and improve support.

Visit the [Dudley Disability Register page](#) to complete the online form. **For help completing the form or to request your Dudley Zoo pass, contact the Children with Disabilities Team: 0300 555 0050 (press option 1) or email: businesssupportcdt@dudley.gov.uk**

[We love Carers](#) provide support for carers and their families all year round. Information, advice, signposting, advocacy, help with form filling and much more. Weekly play sessions and holiday play sessions for children with disabilities and additional needs are available. **Their Autumn and Winter timetable can be found [here](#). Contact them via email hello@welovecarers.org or telephone 01384 396626** for further information on any of the above.

[Kids](#) are a charity who create life-changing opportunities by providing a wide range of support to families. They run playscheme days at their centre alongside community days for signed up families. Parent/carers wishing to refer or register with Kids for care planned services can do so by requesting a referral form via the enquiries email: enquiries.orchard@kids.org.uk or via telephone: **01384 897489**.

[Deaf Children's Society](#) run a **Youth club for children aged 10 to 18 years**, held monthly at Queens Cross Network for information or this or on any events they run, email dudleydeafchildrenssociety@yahoo.com for information.

[Dudley leisure centres](#) are all-inclusive, encouraging everyone to access as many sessions as possible. Our centres offer quiet and disability sessions for children and adults. Accessible facilities are available throughout each of the leisure centres, family fun disability swimming sessions run throughout the holidays, details below:

Halesowen LC: Saturday's from 2.15pm to 3.30pm

Crystal LC: Friday's 2pm – 4pm

Duncan Edwards LC: Wednesday 2.45pm to 4.30pm or Saturday's 1.15pm to 2.15pm

SEN sessions can be accessed at [Planet Play](#) suitable for children under 11 years of age with disabilities, special educational needs, ASD and their siblings. Sessions take place during the holidays at Duncan Edwards Leisure Centre every Wednesday 5pm to 6pm and at Halesowen Leisure Centre, every Monday 4.30pm to 6pm.

Activezone run disability sports for children, young adults and siblings. (sessions takes place for children aged 5 to 8yrs or 9 to 18yrs) Children can take part in various sports, see the below web pages for dates available at each leisure centre:

[Crystal Leisure Centre](#)

[Duncan Edwards](#)

[Lifted Spirits](#) provide a safe space for families of children with disabilities and SEN, they meet *term time only* every Tuesday 9.30am to 11am.

Unheard Voices are a SEND carers support group run by parents to help other parents and carers. They meet up term time on **Fridays 10.30am to 12pm** at Jubilee Hall, Ladies Walk, Sedgley. DY3 3UA or Thursday evenings (term time) at Humbugs café in Sedgley 6pm to 7.30pm. Email unheardvoices13@yahoo.com for further information.

[Hoult's House](#) based in the Rye Market Stourbridge run SEND Sessions on Monday and Tuesdays from 2.245pm to 4.15pm, low level sound and limited numbers.



FIA'S BUDDIES

Family ♥ Inclusion ♥ Acceptance

Supporting every child's Down Syndrome journey and celebrating their siblings!

FIA's Buddies was inspired by a beautiful family that at time of unknown, there was lack of readily available information and when there was information it was difficult to find a clear answer

A little background- this idea blossomed when one of Tash and Dan's beautiful daughters was diagnosed with Down syndrome and additional health related conditions. As family and friends we support Tash, Dan and their girls as much as we were able to but clearly saw that the information and support was not very forthcoming and/or difficult to find.

The names FIA represents the names of 3 beautiful girls, but also Family, Inclusion and Acceptance.

FIA's Buddies aims to support children experiencing the effects of Down Syndrome and their siblings age from birth to 18 within the United Kingdom.

The funds raised by FIA's Buddies is to bring a long-lasting difference to the lives of children with Down syndrome by the provision of resources for education, signposting to information and resources to support wellbeing and improve quality of life. By doing this encourage children to achieve their potential.

We have set up this go fund me to help kick start our community project of becoming a registered charity, in order to do this we must have an raised £5,000.

www.fiasbuddies.co.uk



For our latest events and activities follow us on Facebook

Support us via GoFundMe



Dudley SENDIASS Workshops

For parents/carers of children with SEND and young person with SEND up to 25 years old seeking further information about SEND support and processes in education.

Academic Year 2025 – 2026	SEPTEMBER	NOVEMBER	JANUARY	MARCH	APRIL	JUNE
All workshops 10am – 11.30am on Teams						
Understanding how to access SEN support within settings	8 th	21 st	22 nd	4 th	21 st	22 nd
Understanding the EHC Needs Assessment request process	9 th	17 th	23 rd	5 th	22 nd	23 rd
How to check a draft plan	10 th	18 th	19 th	6 th	23 rd	24 th
Preparation and process for annual review	11 th	19 th	20 th	2 nd	24 th	25 th
Preparation for key transitions	12 th	20 th	21 st	3 rd	20 th	26 th



To book on to a workshop email dudley.sendiass@dudley.gov.uk

[Dudley SENDIASS Website](#)

Dudley SENDIAS Service offers information, advice and support on all matters relating to SEN and disabilities including health and social care to parents and carers of children with SEND and Young People with SEND up to 25 years old.

Helping Children Get the Best Start in Life

Free Programmes & Workshops

HENRY supports families to **build healthier habits and routines** that support children's physical and emotional wellbeing, right from the start and as they grow.

A range of **free, friendly and practical sessions** are available to **parents and carers in Dudley** with children aged **0-12**, as well as those expecting a baby.



WANT MORE
INFORMATION?

or visit www.dudleyparents.co.uk

Dudley
Metropolitan Borough Council


henry
Healthy Start, Brighter Future

Body safety matters

Helping your child understand boundaries and personal safety

Keeping children safe starts with conversation

Talking about body safety can feel uncomfortable – but it's one of the most powerful ways to protect children. Children who understand their bodies, boundaries and rights are more confident and better equipped to speak up if something feels wrong.

You don't need a big formal talk – short, everyday chats work best.

Here are some simple conversation starters you can use:

- “Do you know what parts of your body are private?”
- “If someone made you feel uncomfortable, who would you tell?”
- “Has anyone ever asked you to keep a secret that made you feel funny or unsure?”
- “You're allowed to say 'no' to hugs or kisses, even to family – how do you feel about that?”
- “What would you do if someone touched you in a way you didn't like?”

Use natural moments (e.g. bath time, getting dressed, bedtime stories, a walk in the park) to bring up the topic gently. Keep your tone calm and reassuring. The goal is to help children feel safe, heard and empowered.

Reassure them: *“You can always talk to me about anything – I'll always listen and help.”*

Don't forget the online world

Even at primary age, many children play games or watch content online. It's important they know that body safety rules apply online too.

- Teach them never to share photos of their body, especially private parts.
- Make sure they know: if anyone asks them to do something that feels odd, secret or confusing online, they should tell you straight away.
- Talk about how some people online might pretend to be children when they're not.
- Use privacy settings and supervise young children during screen time.
- Remind them: “If something online makes you feel uncomfortable or unsure, it's never your fault. Just come and tell me.”

How you can support at home

- 1) Use everyday moments to talk about safety.
- 2) Read books together on body safety.
- 3) Practice naming trusted adults they can go to if worried.
- 4) Reassure them: they will never be in trouble for telling the truth.

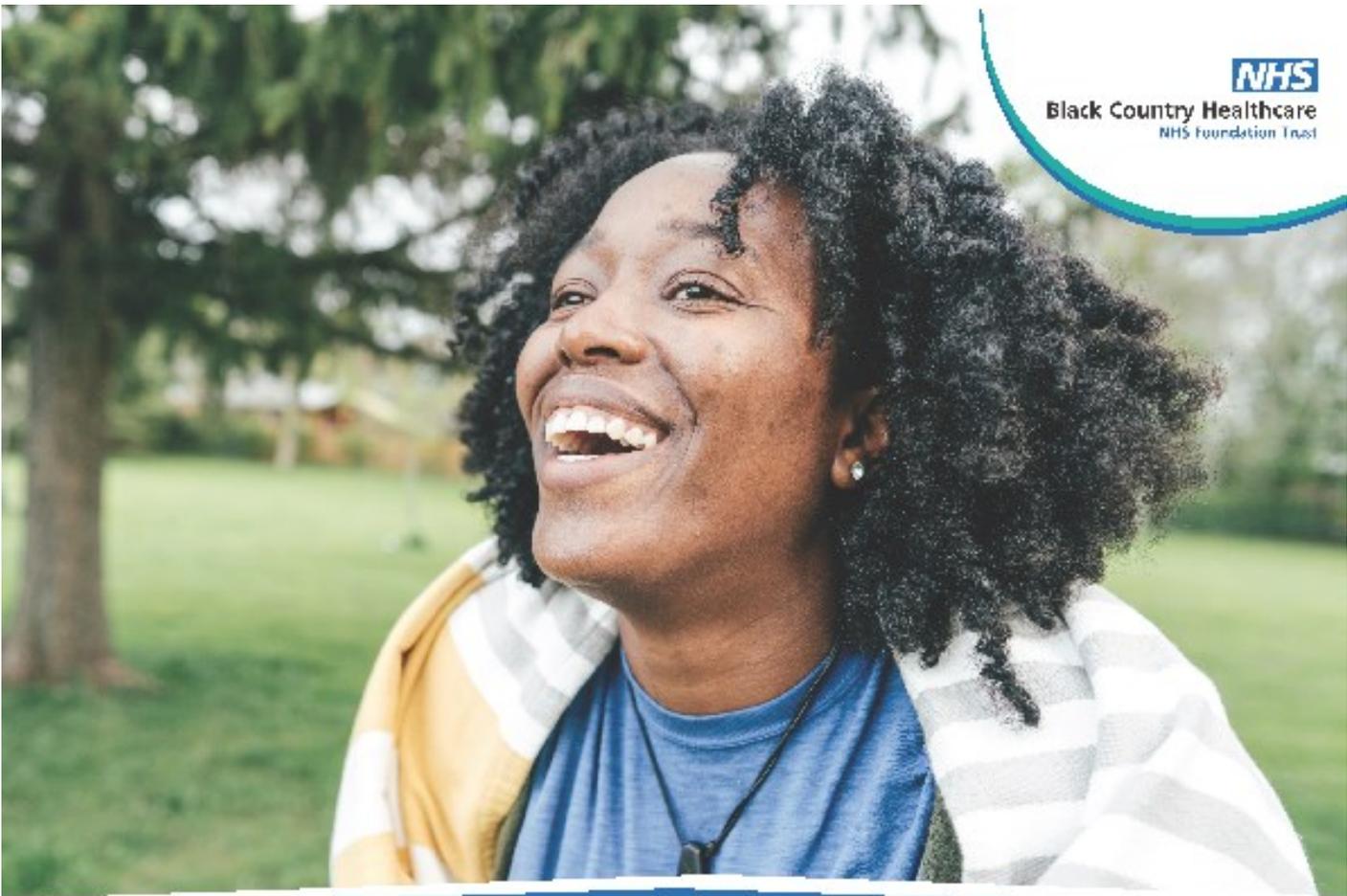
WHAT CHILDREN NEED TO KNOW

THEIR BODY BELONGS TO THEM
Children should know that they are the boss of their own body. No one – not a peer, adult, friend or family member – has the right to touch them in a way that makes them feel uncomfortable.

PRIVATE PARTS ARE PRIVATE
Teach them the correct names for private body parts (e.g. penis, vagina, bottom). This helps remove shame and confusion – and makes it easier to report any concerns clearly.

THE 'NO, GO, TELL' RULE
If someone makes them feel unsafe or breaks a body boundary:
Say "NO"
GO to a safe place
TELL a trusted adult.

SAFE AND UNSAFE TOUCH
Help your child understand:
Safe touch: hugs, holding hands if they want to
Unsafe touch: touches that hurt, feel scary, confusing, or are kept secret.



**We help with anxiety,
depression, or stress**

NHS
Dudley
Talking Therapies

FREE confidential, and tailored for you

Our experts have helped lots of people in
Dudley become happier and healthier



For anyone aged 16 or over registered with a Dudley GP

Support available via...



In-person



Phone



Video



Online



Workshop



Call 0800 953 0404 or self-refer by visiting
www.blackcountryhealthcare.nhs.uk/talking-therapies



Free School Meals

If you receive any of the following support payments your child may be entitled to Free School Meals

- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit Run-on – paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit

If you currently receive free school meals but have now moved into the area, you will need to complete a new Free School Meals Application form

If you wish to apply for Free School Meals, please go to

www.dudley.gov.uk/resident/your-council/council-tax-and-benefits/benefits/free-school-meals

If you need further information, you can contact the Free School Meals Team by:



Telephone -01384 814988



Email – freeschoolmeals.benefits@dudley.gov.uk



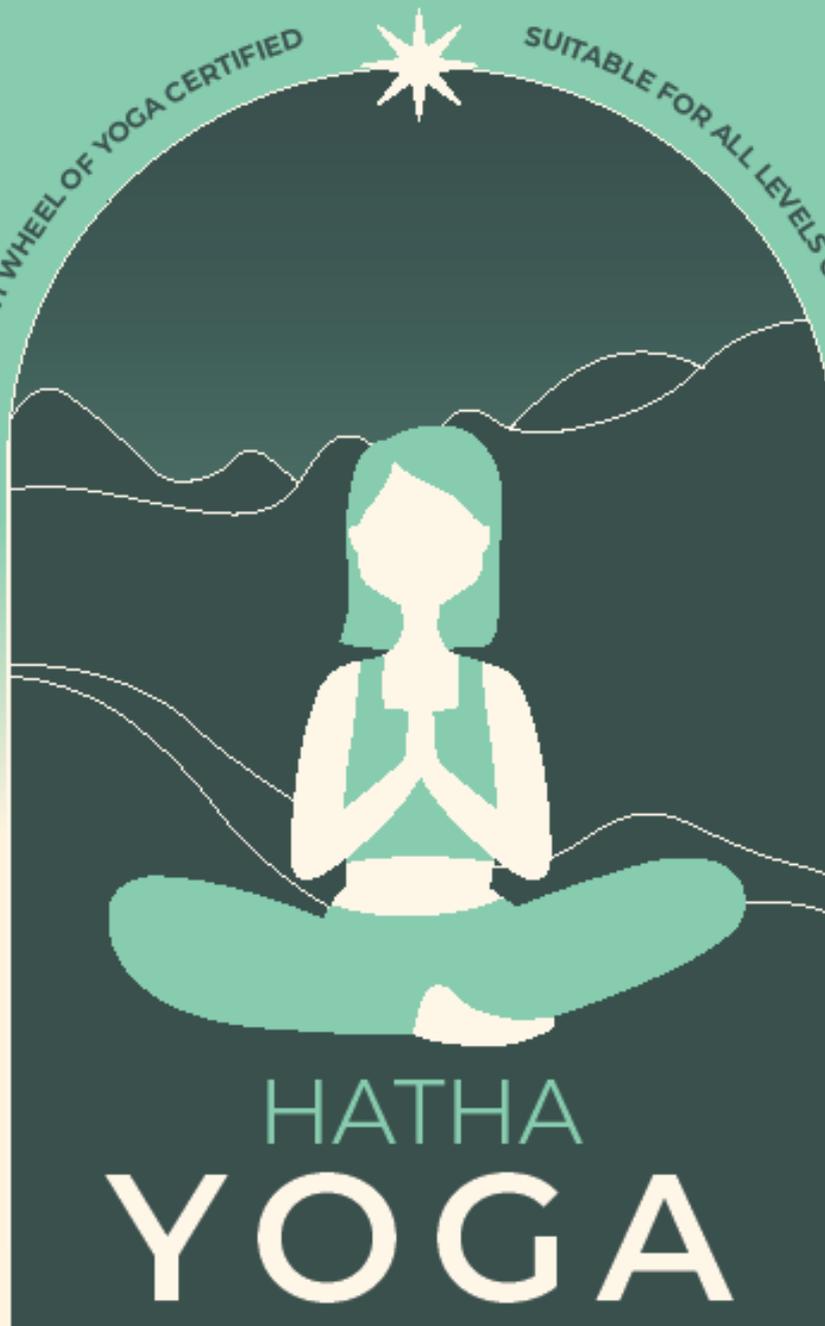
Visiting – Dudley Council Plus, Castle Street, Dudley
between 8.30am and 5pm Monday to Friday, 9am and 12 noon Saturday



YOGABRIDGES
PRESENTS

BRITISH WHEEL OF YOGA CERTIFIED

SUITABLE FOR ALL LEVELS OF ABILITY



EVERY THURSDAY | START AT 7.30PM

Ashwood Park Primary School, Bells Lane, Wordsley, Stourbridge, DY8 5DJ

£9 / CLASS OR 10% DISCOUNT FOR FULL TERM

FOR BOOKINGS AND ENQUIRIES PLEASE CALL OR EMAIL JAN:

07764 404975 | janetcooper@blueyonder.co.uk | www.facebook.com/yogawithjan